

# Stalking Victims News

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*Feel Safe Again, Inc... "Be Strong, Be Safe and Be Heard!"...Vol.1, Issue 3 - September 2004*

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Dear Friend,

Welcome to your third issue of "Stalking Victims News"!

As always...I hope this newsletter finds you all well. This is a bi-monthly newsletter, with the most current and up-to-date information about stalking, and the effects it has on victims.

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Should I Consider a Self-Defense Course or Training in Firearms for Self-Defense? Please send us your questions...our self-defense expert will gladly answer them for you!  
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***In This Issue...***

- FREEDOM AND PEACE
- Stalking and Harassment Among Young Adults
- Do Restraining Orders Work?
- Inspirational Thoughts

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**FREEDOM AND PEACE**  
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Feel Safe Again, Inc. was officially established and publicly announced January 2004. We are a non-profit organization for Victims of Stalking.

Our goal is to provide information and support group services to victims and survivors of stalking. Our hope is that no other victim has to live their life in fear. We want to help you "Feel Safe Again" by teaching you how to be safe again. Together we CAN make a difference!

If you are interested in online support, you can join our support group at [VictimsofStalking@yahoogroups.com](mailto:VictimsofStalking@yahoogroups.com).

Copy and paste link below to our website...  
[www.feelsafeagain.org](http://www.feelsafeagain.org)

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**Stalking and Harassment Among Young Adults**  
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From the Newsletter of the Stalking Resource Center - Feature Article...

Research Update: Stalking and Harassment among Young Adults Little information is available on the prevalence and characteristics of stalking among young people because most research on stalking focuses on adult victims.<sup>1</sup> A recent survey, however, sheds some light. "Stalking and Other Forms of Intrusive Contact After the Dissolution of Adolescent Dating or Romantic Relationships" (Haugaard & Seri,

Violence and Victims, Volume 18, Number 3) found that a significantly high percentage of the teenage respondents (20 percent) had been stalked or harassed.

Copy and paste link below to continue article...

[http://www.ncvc.org/src/main.aspx?dbID=DB\\_StalkingandHarassmentAmongYoungAdults202](http://www.ncvc.org/src/main.aspx?dbID=DB_StalkingandHarassmentAmongYoungAdults202)

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**Do Restraining Orders Work?**  
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From the U.S. Department of Justice, Office of Justice Programs, Office for Victims of Crime - January 2002, Legal Series #4

To deter violent, abusive, and intimidating acts against victims, both civil and criminal courts have been granted the authority to restrain improper conduct. Referred to as "restraining orders," "injunctions," or "protective orders," these orders restrict or prohibit one individual's behavior to protect another individual. Although protective orders are most often thought of in conjunction with domestic violence, state legislatures have advocated their use to restrict stalking conduct, prevent abuse of elderly or disabled individuals and children, and protect crime victims and witnesses from harassment by defendants.

Copy and paste link below to continue article...

<http://www.ojp.usdoj.gov/ovc/publications/bulletins/legalseries/bulletin4/ncj189190.pdf>

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**Inspirational Thoughts**  
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"If you become a victim...don't allow the traumatic experience to further victimize you; you can shape your attitude to give you the courage to get back up again." ~*Author Unknown*

"We truly believe knowledge is power...therefore, prevention is our ultimate goal."  
Remember... YOU'RE NOT ALONE! ~*Cheryl*

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