

# Stalking Victims News

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*Feel Safe Again, Inc... "Be Strong, Be Safe and Be Heard!"... Vol.2, Issue 1 - January 2005*

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Dear Friend,

Happy New Year and Welcome to your next issue of "Stalking Victims News!"

As always...I hope this newsletter finds you all well. This is a bi-monthly newsletter, with the most current and up-to-date information about stalking and the effects it has on victims.

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**FREEDOM AND PEACE**

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Feel Safe Again, Inc. was officially established and publicly announced January 2004. We are a non-profit organization for Victims of Stalking.

Our goal is to provide information and support group services to victims and survivors of stalking. Our hope is that no other victim has to live their life in fear. We want to help you "Feel Safe Again" by teaching you how to be safe again. Together we CAN make a difference!

If you are interested in online support, click on the link below to our website. You can join our support group at [VictimsofStalking@yahoo.com](mailto:VictimsofStalking@yahoo.com).

Copy and paste link below to our website...

[www.feelsafeagain.org](http://www.feelsafeagain.org)

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**First National Stalking Awareness Month Mobilized Communities across the Nation**

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As organizations throughout the country prepare for the second National Stalking Awareness Month in January 2005, they may want to adapt or build on some of the approaches used to publicize and observe the first Stalking Awareness Month in 2004.

Communities used political advocacy to establish Stalking Awareness Month in their communities and then conducted public awareness campaigns, outreach, and training to build awareness about stalking.

Below is a sample of the strategies used by communities and organizations throughout the country in 2004.

Copy and paste link below to continue article...

[http://www.ncvc.org/src/main.aspx?dbID=DB\\_2004SiteActivities186](http://www.ncvc.org/src/main.aspx?dbID=DB_2004SiteActivities186)

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**Stalking and Other Forms of Intrusive Contact**  
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Are you being bothered by an ex-boyfriend or ex- girlfriend just won't leave you alone? Many young adults and adolescents have trouble dealing with an ex-boyfriend or ex-girlfriend who just won't let go of the relationship.

When many people try to break up with a boyfriend or girlfriend they have a hard time getting the other person to accept the breakup and leave them alone. The ex-boyfriend or ex- girlfriend may do things like call repeatedly or call late at night, leave notes at an apartment or dorm room, or send unwanted e-mails.

Copy and paste link below to continue article...

<http://www.humec.cornell.edu/stalking/>

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**Inspirational Thoughts**  
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"If you become a victim...don't allow the traumatic experience to further victimize you; you can shape your attitude to give you the courage to get back up again." ~*Author Unknown*

"We truly believe knowledge is power...therefore, prevention is our ultimate goal.

" Remember...YOU'RE NOT ALONE! ~*Cheryl*

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**Note From The Founder...**  
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To recognize National Stalking Awareness Month...we are offering safety kits and awareness ribbons to police departments throughout Massachusetts and New Hampshire.

Want to know how you can adopt your very own National "SAM" Bear? Want to purchase creative awareness ribbon jewelry? Coming Soon!!! Please check out our new online store! All sales will directly benefit victims of stalking. Thank you for your support!

Copy and paste link below to our website...

<http://www.feelsafeagain.org/News.html>

**email:** CDarisse@feelsafeagain.org

**voice:** (617) 389-0002 or (603) 889-1110 or toll-free at (888) 99B-SAFE

**web:** www.feelsafeagain.org