

Stalking Victims News

Feel Safe Again, Inc... "Be Strong, Be Safe and Be Heard!" ... Vol.3, Issue 4 - July 2006

Dear Friend,

Welcome to your next issue of "Stalking Victims News!" As always, I hope this newsletter finds you all well.

This is a bi-monthly newsletter, with the most current and up-to-date information about stalking and the effects it has on victims.

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*Unfortunately, SB 1037 was placed into a study. We will remain committed to changing and creating new laws, by continuing our efforts to pass this bill. As most of you know, it is far too late for our sister Sandra Berfield, but will give long overdue protection to other victims of stalking.*  
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"REFLECTIONS OF A LIFE WITH FREEDOM AND PEACE"

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Feel Safe Again, Inc. was officially established and publicly announced January 2004. We are a 501(c)(3) tax-exempt non-profit organization for Victims of Stalking.

Our goal is to provide information and support group services to victims and survivors of stalking. Our hope is that no other victim has to live their life in fear. We want to help you "Feel Safe Again" by teaching you how to be safe again. Together we CAN make a difference!

If you are interested in online support, click on the link below to our website. You can join our support group at [VictimsofStalking@yahoogroups.com](mailto:VictimsofStalking@yahoogroups.com).

Copy and paste link below to our website...

[www.feelsafeagain.org](http://www.feelsafeagain.org)

## **Wikipedia's Definition of Stalking**

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Stalking is a legal term for repeated harassment or other forms of invasion of a person's privacy in a manner that causes fear to its target.

Statutes vary between jurisdiction but may include such acts as repeated following; unwanted contact (by letter or other means of communication); observing a person's actions closely for an extended period of time; or contacting family members, friends, or associates of a target inappropriately.

Copy and paste link below...

<http://en.wikipedia.org/wiki/Stalking>

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**Stalking Poses Serious Public Health Problem by Lisa Esposito, Editor**  
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Health Behavior News Service - Center for the Advancement of Health

Stalking is as much a public health issue as a criminal justice problem, according to the authors of a new national study.

Of the nearly 10,000 adults surveyed, 4.5 percent reported having been stalked at some time in their lives, which extrapolates to more than 7 million women and 2 million men in the United States, say the authors in the August issue of the American Journal of Preventive Medicine.

Copy and paste link below...

<http://www.hbns.org/getDocument.cfm?documentID=1288>

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**Inspirational Thoughts**  
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"If you become a victim...don't allow the traumatic experience to further victimize you; you can shape your attitude to give you the courage to get back up again." ~*Author Unknown*

"We truly believe knowledge is power...therefore, prevention is our ultimate goal."
Remember...YOU'RE NOT ALONE! ~*Cheryl*

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**Note From The Founder...**  
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We will be having a "TREASURE ISLAND" yard sale fundraiser on Saturday, August 12th, and Sunday, August 13th, from 9:00-3:00pm, at our 39 Library Street office in Hudson, New Hampshire.

We still need to achieve our goal of raising \$10,000 this year...and you can help us do it! Here are a few ways you can help: 1) Consider donating any unwanted items to our yard sale. 2) Stop by...and purchase a few NEW treasures. 3) Make a tax-deductible donation. 4) Volunteer your time. Thank you in advance for your support!!!

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